

## All Sorts of Food—Cards

by Susan Ternyey

(cards ideally would be laminated for multiple uses—they can be useful for grades up to 5-7, & all ages English learners)  
Cut the cards apart. Cards may be sorted in various ways. Not all the cards must be used at once.

1. alphabetically
2. by food groups: bread/grain/cereal, fruit, vegetable, dairy, protein (meat, fish, poultry, seeds, nuts, dry beans (legumes), eggs), fats, sugars, salty . . . (water, vitamins, medicines)
3. by where they originated—

from animals

Beef/cow

Pork/pig

Poultry/birds

Mutton/lamb/sheep

Milk/dairy

Eggs (from birds, fish, etc)

from plants

above or below ground

roots, stems, branches, leaves, flowers, fruit, seeds

bush/shrub, tree, grass, vine

perennial or annual

4. by color, size (small—peas, medium—apples, large—watermelon), or shape (including spiral)

5. Layers

sandwiches

cakes

wraps

etc.

mixtures

soup or stew

salad

casseroles

etc.

6. natural/raw

processed /prepared

fast food

canned, frozen, dried

7. how it is prepared (baked, boiled, fried, grilled, roasted . . . )

8. Where it originates—local, far away (depending on season), what climate or culture/country

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Where to get pictures? I took the pictures on these cards.

However, you can also get pictures from . . . .

grocery ads, magazines, seed catalogues and packages, labels . . . to let kids find, cut & paste their own cards.

almonds	daikon	ice	naan—India	rabbit	tortillas
apples (varieties)	dairy	ice cream (varieties)	nachos	radicchio	tuna
apricot	Danish	ingredients	nectarine	raisins	turkey
aronia berry	dates		noodles	radishes	turnip
artichoke	devilled egg	jam/jelly (varieties)	Nutella	ramen	
asparagus	dim sum	jambalaya	nuts (varieties)	raspberries	unsalted . . .
avocado	dips	Jell-O (varieties)		ratatouille	unsweetened . . .
	donut	jelly beans	oats	ravioli	udon—a Japanese noodle
bacon	drinks (varieties)	jelly roll	oatmeal	refried beans	uirō—Japanese sweet rice gel
banana	duck	jerky	oil	relish (various)	urap—salad dish of Indonesia
barley	dumplings (various)	jicama	olives (variety)	rhubarb	ustipci—Balkan donut-like
beans (dry varieties)	durian	jojo's	omelet	ribs	uszka—Polish dumplings
beets		juice	onions (varieties)	rice (varieties)	uttapam—Indian vegetable
berries (varieties)	éclair		oranges	rice cakes	pancake
blueberries	edamame	kabobs		rice krispie treats	
bran (wheat)	eggs	kale	pancake	roast	vanilla
bread	egg rolls	kefir	papaya	root beer	vegetables (variety)
broccoli	eggplant	ketchup	parfait	rye	venison
burger	enchiladas	kielbasa—Polish	pasta (varieties)		vinaigrettes
Brussels Sprouts	English muffin	kippers	pastries	salmon	vinegars
butter		kisses	pea	salt	vitamins (variety)
	feta	kiwi	peanuts	salad (pasta, fruit, vegetable)	vitamin water
cabbages	fig	kohlrabi	peach	sandwiches (variety)	
cake (cupcakes)	fish	kraut	pear	sardines	waffles
calamari	flavorings (variety)	kumquat	pepper s (varieties)	sausage	walnuts
candy (varieties)	flax (seed)		pickles (variety)	seafood	water
cantaloupe	flour	lamb	pineapple	seasonings/spices	water chestnuts
carrots (varieties)	fruit	lasagna	plums (variety)	shellfish	watermelon
cauliflower	(French) fries	leeks	pop	shrimp	wheat
celery		lemon	popcorn	soda pop	whole wheat
cheese (varieties)	garlic	lentils	porridge	soup	wontons
cherries	grains (variety)	lettuce (varieties)	pork	spaghetti	wraps
chicken	grapes (varieties)	licorice	potatoes	squash (summer, winter)	
chocolate	grapefruit	lime	pot sticker	spinach	xacuti—Indian dish
chops	granola	lingonberry	poultry	steak	Xavier soup—Italian
chowder	green beans	liver	produce	stir-fry	xnipec salsa—Mexico
citrus	ground beef	loquat	prunes	strawberries	
clams	gum	lunchmeat	pumpkin	stuffing (various)	yakisoba—Japan
cocoa				sugar	yam
coconut	ham	macaroni	quail eggs (picture of quail)	sunflower seeds	yeast
cold cereal	hash browns	mango	quesadilla	sweet potatoes	yogurt
coleslaw	herbs (varieties)	mashed potatoes	quiche	syrup	
condiments	hoagie (sub, hero, grinder)	meat	quince		zero calories
cookies	hominy	melons (variety)	quinoa	tacos	zest of lemon
corn	honey	milk		tangelos	zucchini
cottage cheese	honeydew	mixes (variety)		tapioca (pudding)	zucchini bread
crab	horseradish	muffins		tea	
cranberries	hot cereal	mushrooms		tofu	
cucumber (varieties)	hot dog	mutton		tomato	
curry	hummus			tomatillo	

# More foods—begin p. 72

agave	cornbread	fortune cookies,China	iceberg lettuce	lima beans	PB & J
Alfredo—Italy	cornmeal	French toast—Roman	ice cream treats	lobster	parsley
alphabet cookies	cornstarch	frittata—Italy	idli—India	lychee	parsnips
anchovies	couscous—N. Africa	fritter	imitation		pastries
angel food cake	crab cake	fruit (cocktail)	inari—Japan	macadamia nuts	pecans
animal crackers	crackers	frozen food	instant	madeleines—French	pickled peppers
antipasto—Italy	cream	fudge	international foods	mangosteen nectar	pie
appetizers	cream cheese		Italian Soda	margarine	pierogies—Slavic
arugula	Cream of Wheat	garbanzo beans	jackfruit	marinara—Italy	pine nuts
asiago—Italy	crepes—French	gazpacho—Spain	jajangmyeon—Korea	marshmallows	pistachios
au gratin—French	croissant—French	gefilte fish—Jewish	jalapenos	mayo	pizza—Italy
au jus—French	croutons—French	gelatin	jalfrezi—India	meatballs	plantain
		ghee (butter)—India	Jamba Juice	milk shake	pomegranate
baking powder	dashi—Japan	ginger	Jarlsberg—Norway	mint	pozole—Mexico
baking soda	devil's food cake	ginger ale	jasmine rice	mussels	pretzels
(dried) banana	diet drink	ginger snaps	Jerusalem artichokes	mustard greens	puddings (2 sorts)
chips	dolma—Greek	glaze	jambong—Korea		
banana pudding	dosai—India	gluten free	jordi	Napa cabbage	Quaker Oats
beef (cattle)	dragon fruit	gnocchi—Italy	joulutorttu—Finland	nasi goreng	queso fresco-Hispanic
Béarnaise sauce-	dressings (salad)	goat	julienned vegetables	—Indonesia	quick breads
French.	dried (fruit)	goat milk		nazook—Armenia	quick cooking (grits)
biscuits		goby fish		Neapolitan—Italy	
biscotti—Italy	eel sushi—Japan	goose	kalua pork—Hawaiian	Niçoise salad-French	rambutan
bisque—French	egg drop soup—China	gouda cheese-Dutch	kare—Philippines	Nitos—Mexico	rasam—India
bok choy	eggnog—British	goulash—Hungary	kettle corn	nut butters	red velvet cake
bologna—Italy	elderberry	graham crackers	Kiss grapefruit soda	Nut-Thins	Reuben sandwich
bouillabaisse-French	elephant ears	gravy	kiwano melon		rhubarb pie
brownies	empanadas—Spain	grits	knish—Jewish	Oaxaca—Mexico	roll (dinner)
buns	evaporated milk	guacamole—Aztec	(lamb) korma—India	oil	roll (sweet)
burritos—Mexico	extra virgin olive oil	guava nectar	kosher (salt)—Jewish	okra	rutabaga
buttermilk		gumbo	krullers—German	opor ayam-Indonesia	
	falafel—Middle East	gyro	kuchen—German	orange chicken	salami—Italy
(Swiss) chard	fajita chicken—Mexico		kugel—Jewish	Oreos	salsa
cheesecake	farfalle (pasta)—Italy	haddock	kungpao—China	organic oats	Sambhar—India
chestnuts	fat free Fig Newtons	ham hocks		orzo pasta—Italy	samosas-Middle East
chili	fennel	hash	latkes—Jewish, etc.	oyster	scallion
chips	fettuccine—Italy	Havarti—Danish	legumes	oyster crackers	scallops
collard greens	flan—Roman/Spanish	herring	lemon grass	oyster mushrooms	seeds
condensed milk	flapjacks (pancakes)	Hollandaise—French	(rasp.) lemonade	oxtail soup-African	(organic) sesame
corned beef-British	focaccia—Italy	hors d'oeuvres,French	lettuce wrap—Asian	style	seaweed snacks
		hushpuppies			

sherbet	V-8
smoothies	vadai—India
soba noodles—Japan	vanilla wafers
sorbet	vegan
sour cream	vegetarian
soy beans	vichyssoise—French
soy milk	Vienna sausage
soy sauce	Vindaloo—Indian
split peas	
sprouts	Waldorf salad
squid	wasabi
star fruit	watercress
stew	wax beans
stroganoff—Russian	wheat germ
succotash—Native Am	wheat grass
sushi—Japan	wheat sprout
sweet & sour	Wheat Thins
	whey
Tabasco	whipped cream
tahini	(Wasa) whole grain
tamales	Worcestershire
—Mesoamerica	sauce—British
Tamarind (soda pop)	
tandoori tikka—India	yakitori—Japan
Tang	ya-yai mushroom soup
tart	yema—Philippines
teriyaki—Japan	Yorkshire pudding—Brit
Tikka Masala—India	
tocino—Philippines ...	zabaione—Italy
(taco) toppings	zacusca—Romanian
torte—Europe	zimtsterne—
tortellini—Italy	German/Jewish
turnover	ziti —Italy
tzatziki-	crazy zawijane-Poland
Mediterranean	zucchini spread
tzimmes—Jewish	zucchini Georgian style
	zwieback/biscotti
uala maoli-Hawaiian	-(twice baked) German
ube—purple yam	
ukha—Russian	
um ali—Egypt	
u'nega'gei—Iroquois	
unleavened	
upma—India	
upside down cake	

unleavened breads  
 piadina—Italy  
 tortillas  
 lefse—Norwegian, potato  
 roti—India  
 chapatti—India  
 phulka—India,  
 similar to pita bread  
 crepes—French  
 lavash—Armenian  
 gordita—Mexico  
 pita bread—  
 (watch label  
 for unleavened)  
 matxo

Legumes:  
 alfalfa  
 dry beans  
 green beans  
 wax beans  
 soy beans  
 edamame  
 peanuts  
 carob nuts  
 peas  
 black eyed peas  
 chickpeas  
 lentils



almonds



apples



apricots



aronia berries



artichokes



asparagus



avocado



bacon



bananas



barley



(dry) beans



beets



berries



blueberries



bran



breads





broccoli



Brussels sprouts



burger (hamburger)



butter



cabbages



cake & cupcakes



calamari



candy



cantaloupe



carrots



cauliflower



celery



cheese



cherries



chicken



chocolate (chips)



(lamb) chop



(seafood) chowder



citrus



clams



cocoa



coconut



cold cereal



coleslaw



condiments



cookies



corn



cottage cheese



crab



cranberries



cucumber



curry





daikon



dairy



Danish



dates



deviled eggs



dim sum



dips



donut (doughnut)



drinks



duck



dumplings



durian



éclair



edamame



eggs



eggrolls



eggplant



enchilada



English muffin



feta cheese



figs



fish



flavorings



flax seed



flour



fruit



(French) fries



garlic



grains



grapes



grapefruit



granola





green beans



ground beef (hamburger)



gum



ham



hash browns



herbs



hoagie (hero, sub, grinder)



hominy



honey



honeydew



horseradish



hot cereal



hot dog



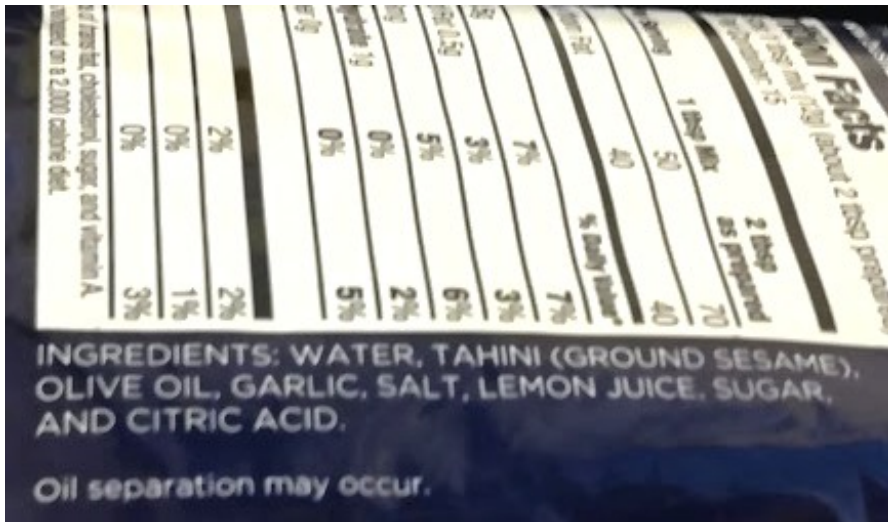
hummus



ice



ice cream



ingredients



jams/jellies



jambalaya



Jell-O



jelly beans



jellyrolls



jerky



jicama



jojo's



juices



kabobs (skewers)



kale



kefir



ketchup (catsup)



kielbasa



kippered (herring)





kisses



kiwi



kohlrabi



kraut (sauerkraut)



kumquats



leg of lamb



lasagna



leeks



lemons



lentils



lettuce



licorice



lime



lingonberry juice



liver

loquat



lunchmeats



macaroni



mango



mashed potatoes



meats



melons



milk



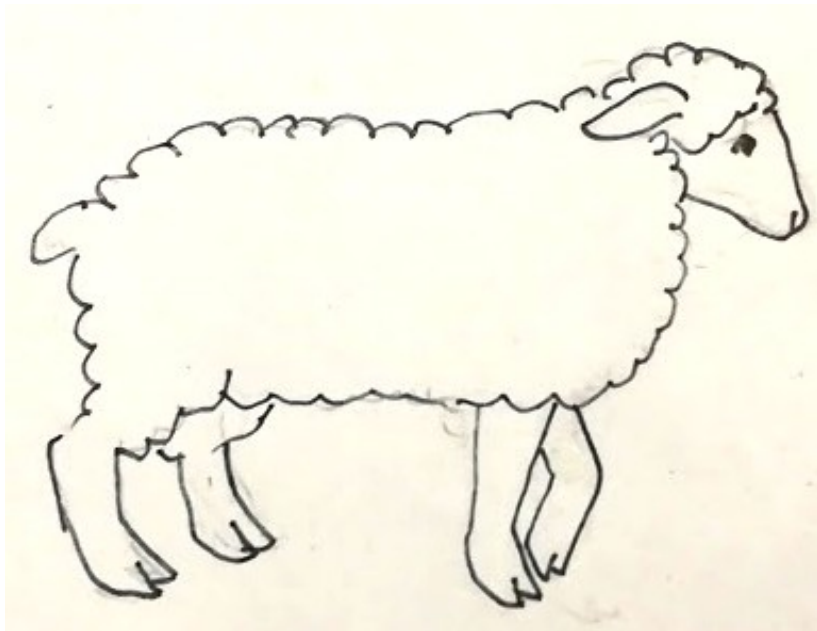
mixes



muffins



mushrooms



mutton (from sheep)



naan



nachos



nectarines



noodles



Nutella





nuts



oats (rolled)



oatmeal



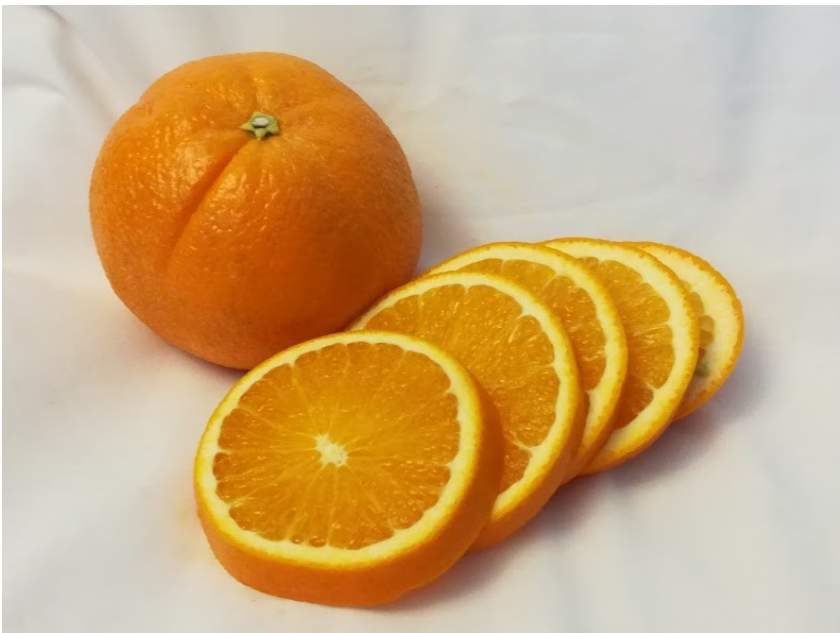
olives



omelet



onions



orange



pancake



papaya



parfaits



pasta



peas



peanuts



peaches



pears



peppers (sweet bell)



pickles



pineapple



pita bread



plums



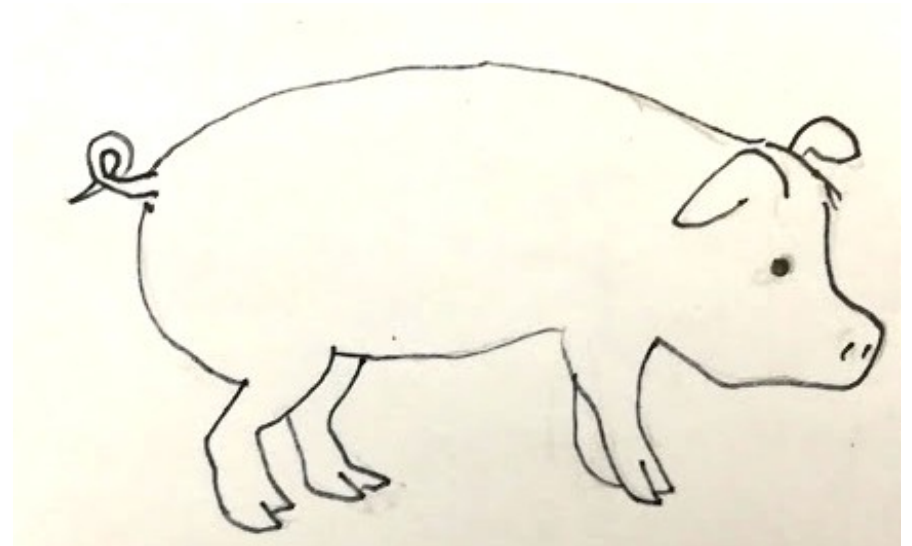
(soda) pop



popcorn



porridge



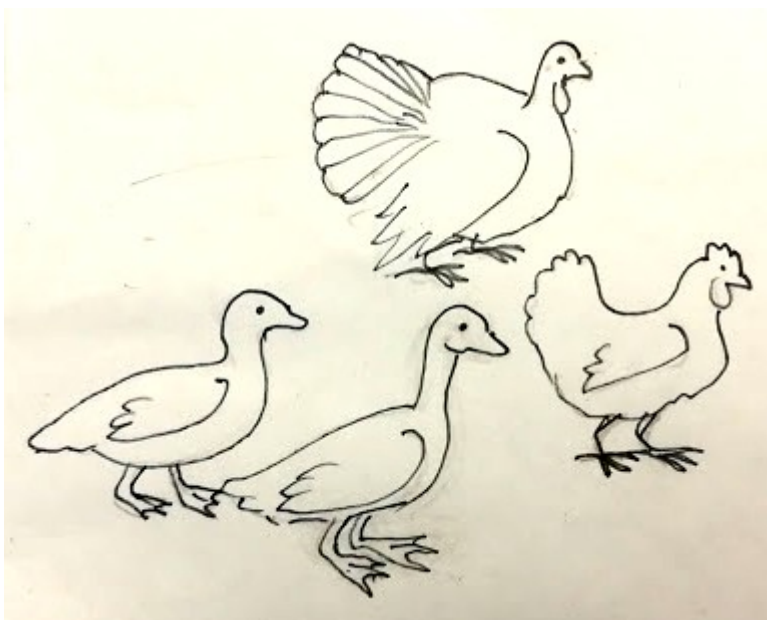
pork (from pigs)



potatoes



pot stickers (dumplings, gyoza)



poultry (farm birds)



produce



prunes



pumpkin pie



quail eggs



quesadillas





quiche



quince



quinoa



rabbit



radicchio



raisins



radishes



ramen



raspberries



ratatouille



ravioli



refried beans



relishes



rhubarb



ribs



rice



rice cakes



rice krispie treats



roast



root beer



rye (bread)



salmon



salt



salads



sandwiches



sardines



sausage



seafood



seasonings, spices



shellfish



shrimp



soda pop





soup



spaghetti



spinach



squash (summer, winter)



steak



stir-fry



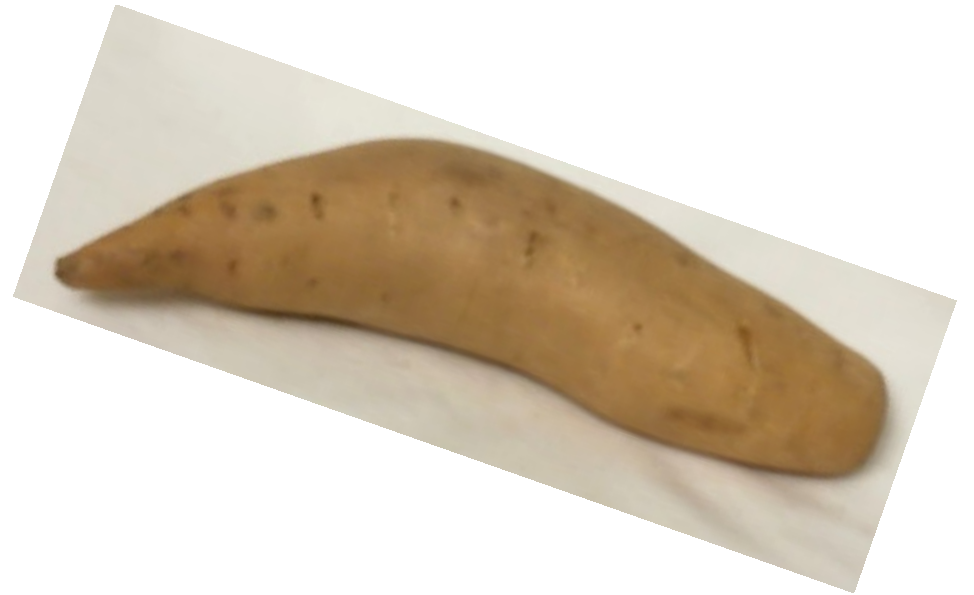
strawberries



stuffings



sugars



sweet potato



sunflower seeds



syrops



taco



tangelos



tapioca pudding



tea



tofu



tomatoes



tomatillos



tortillas



tuna



turkey



turnips



unsalted . . .



unsweetened . . .



udon—a Japanese noodle

uirō—Japanese sweet rice gel

urap—Indonesia salad dish

ustipci—Balkan donut-like

uszka—Polish dumplings

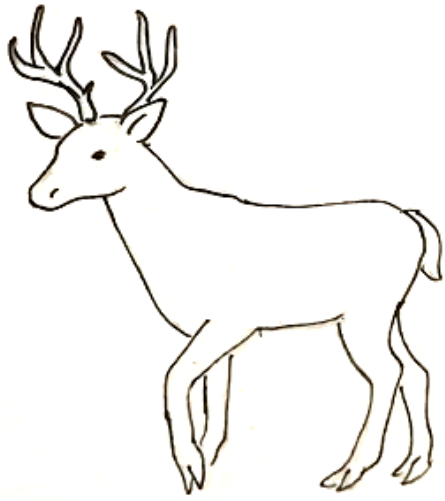


uttappam



vanilla





venison (deer meat)



vegetables



vinaigrettes



vinegars



vitamin water



vitamins



waffle



walnuts



water



(sparkling) water



water chestnuts



watermelon



wheat



whole wheat



wontons



wraps



xacuti—Indian dish



Xavier soup—Italian



xnipec salsa—Mexico



yakisoba



yams



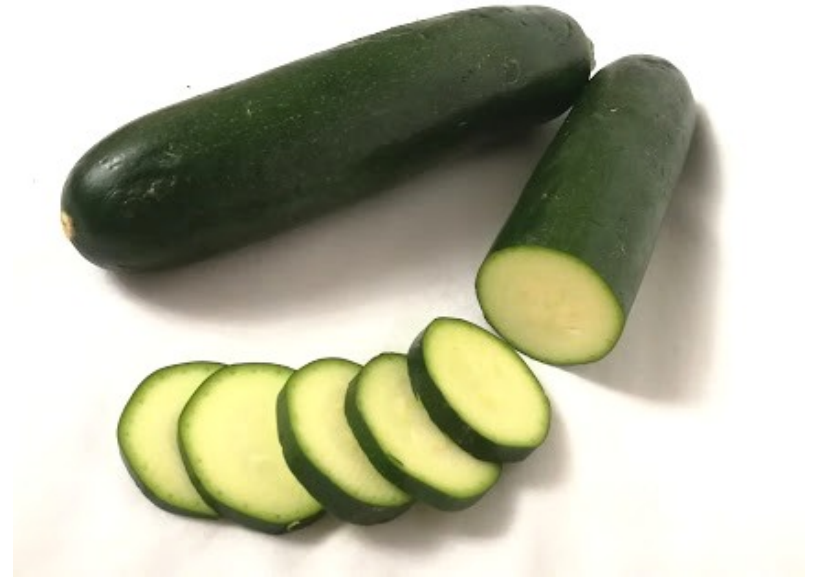
yeast



yogurt



zest of lemon



zucchini



zucchini bread



zero calories

# More foods

agave	cornbread	fortune cookies,China	iceberg lettuce	lettuce wrap—Asian	PB & J
Alfredo—Italy	cornmeal	French toast—Roman	ice cream treats	lima beans	parsley
alphabet cookies	cornstarch	frittata—Italy	idli—India	lobster	parsnips
anchovies	couscous—N. Africa	fritter	imitation	lychee	pastries
angel food cake	crab cake	fruit (cocktail)	inari—Japan		pecans
animal crackers	crackers	frozen food	instant	macadamia nuts	pickled peppers
antipasto—Italy	cream	fudge	international foods	madeleines—French	pie
appetizers	cream cheese		Italian Soda	mangosteen nectar	pierogies—Slavic
arugula	Cream of Wheat	garbanzo beans		margarine	pine nuts
asiago—Italy	crepes—French	gazpacho—Spain	jackfruit	marinara—Italy	pistachios
au gratin—French	croissant—French	gefilte fish—Jewish	jajangmyeon-Korea	marshmallows	pizza—Italy
au jus—French	croutons—French	gelatin	jalapenos	mayo	plantain
		ghee (butter)—India	jalfrezi—India	meatballs	pomegranate
baking powder	dashi—Japan	ginger	Jamba Juice	milk shake	pozole—Mexico
baking soda	devil's food cake	ginger ale	Jarlsberg—Norway	mint	pretzels
(dried) banana	diet drink	ginger snaps	jasmine rice	mussels	puddings (2 sorts)
chips	dolma—Greek	glaze	Jerusalem artichokes	mustard greens	
banana pudding	dosai—India	gluten free	jjambong—Korea		Quaker Oats
beef (cattle)	dragon fruit	gnocchi—Italy	jordi	Napa cabbage	queso fresco-hispanic
Béarnaise sauce-	dressings (salad)	goat	joulutorttu—Finland	nasi goreng	quick breads
French.	dried (fruit)	goat milk	julienned vegetables	—Indonesia	quick cooking (grits)
biscuits		goby fish		nazook—Armenia	
biscotti—Italy	eel sushi—Japan	goose	kalua pork—	Neapolitan—Italy	rambutan
bisque—French	egg drop soup—China	gouda cheese-Dutch	Hawaiian	Niçoise salad-French	rasam—India
bok choy	eggnog—British	goulash—Hungary	kare—Philippines	Nifos—Mexico	red velvet cake
bologna—Italy	elderberry	graham crackers	kettle corn	nut butters	Reuben sandwich
bouillabaisse-French	elephant ears	gravy	Kiss grapefruit soda	Nut-Thins	rhubarb pie
brownies	empanadas—Spain	grits	kiwano melon		roll (dinner)
buns	evaporated milk	guacamole—Aztec	knish—Jewish	Oaxaca—Mexico	roll (sweet)
burritos—Mexico	extra virgin olive oil	guava nectar	(lamb) korma—India	oil	rutabaga
buttermilk		gumbo	kosher (salt)—Jewish	okra	
	falafel—Middle East	gyro	krullers—German	opor ayam-	salami—Italy
(Swiss) chard	fajita chicken—Mexico		kuchen—German	Indonesia	salsa
cheesecake	farfalle (pasta)—Italy	haddock	kugel—Jewish	orange chicken	Sambhar—India
chestnuts	fat free Fig Newtons	ham hocks	kungpao—China	Oreos	samosas-Middle East
chili	fennel	hash		organic oats	scallion
chips	fettuccine—Italy	Havarti—Danish	latkes—Jewish, etc.	orzo pasta—Italy	scallops
collard greens	flan—Roman/Spanish	herring	legumes	oyster	seeds
condensed milk	flapjacks (pancakes)	Hollandaise—French	lemon grass	oyster crackers	(organic) sesame
corned beef-British	focaccia—Italy	hors d'oeuvres,French	(rasp.) lemonade	oyster mushrooms	seaweed snacks
		hushpuppies		oxtail soup	
				African style	



sherbet  
smoothies  
soba noodles—Japan  
sorbet  
sour cream  
soy beans  
soy milk  
soy sauce  
split peas  
sprouts  
squid  
star fruit  
stew  
stroganoff—Russian  
succotash—Native Am  
sushi—Japan  
sweet & sour

Tabasco  
tahini  
tamales  
—Mesoamerica  
Tamarind (soda pop)  
tandoori tikka—India  
Tang  
tart  
teriyaki—Japan  
Tikka Masala—India  
tocino—Philippines ...  
(taco) toppings  
torte—Europe  
tortellini—Italy  
turnover  
tzatziki—Mediterranean  
tzimmes—Jewish

uala maoli—Hawaiian  
ube—purple yam  
ukha—Russian  
um ali—Egypt  
u'nega'gei—Iroquois  
unleavened  
upma—India  
upside down cake

V-8  
vadai—India  
vanilla wafers  
vegan  
vegetarian  
vichyssoise—French  
Vienna sausage  
Vindaloo—Indian

Waldorf salad  
wasabi  
watercress  
wax beans  
wheat germ  
wheat grass  
wheat sprout  
Wheat Thins  
whey  
whipped cream  
(Wasa) Whole Grain  
Worcestershire  
sauce—British

yakitori—Japan  
ya-yai mushroom soup  
yema—Philippines  
Yorkshire pudding—Brit

zabaione—Italy  
zacusca—Romanian  
zimtsterne—German/Jewish  
ziti —Italy  
zrazy zawijane—Polish  
zucchini spread  
zucchini Georgian style  
zwieback/biscotti  
-(twice baked) German

unleavened breads  
piadina—Italy  
tortillas  
lefse—Norwegian, potato  
roti—India  
chapatti—India  
phulka—India,  
similar to pita bread  
crepes—French  
lavash—Armenian  
gordita—Mexico  
pita bread—  
(watch label  
for unleavened)  
matxo

Legumes:  
alfalfa  
dry beans  
green beans  
wax beans  
soy beans  
edamame  
peanuts  
carob nuts  
peas  
black eyed peas  
chickpeas  
lentils



agave



Alfredo sauce



alphabet cookies



anchovies



angel food cake



animal crackers, cookies



antipasto



appetizers



arugula



asiago cheese



au gratin potatoes



au jus



baking powder



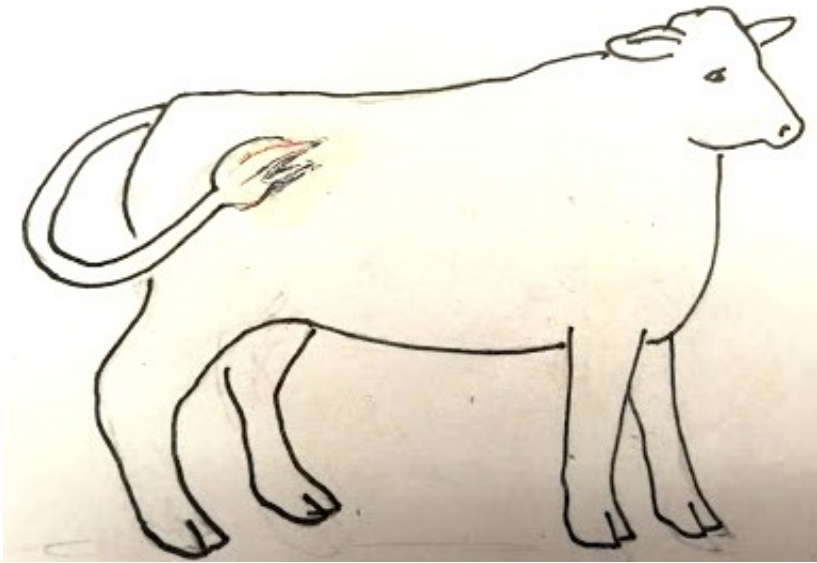
baking soda



(dried) banana chips



banana pudding



beef



Béarnaise sauce



biscuits



biscotti



bisque



bok choy



bologna



bouillabaisse



brownies



buns



burritos



buttermilk





(Swiss) chard



cheesecake



chestnuts



chili beans



chips



collard greens



condensed milk



corned beef



cornbread



corn meal



cornstarch



COUSCOUS



crab cake



crackers



cream



cream cheese



Cream of Wheat



crepes



croissants



croutons



dashi



Devil's Food



diet drink



dolma



dosai



dragon fruit



(salad) dressings



dried fruit



eel sushi roll



egg drop soup



egg nog



elderberry jelly





elephant ear



empanadas



evaporated milk



extra virgin olive oil



falafel balls



fajita chicken



farfalle



fat free Fig Newtons



fennel



fettuccine



flan



flapjacks (pancakes)



focaccia



fortune cookies



French toast



frittata



(apple) fritter



fruit cocktail



frozen foods



fudge



garbanzo beans



gazpacho



gefilte fish



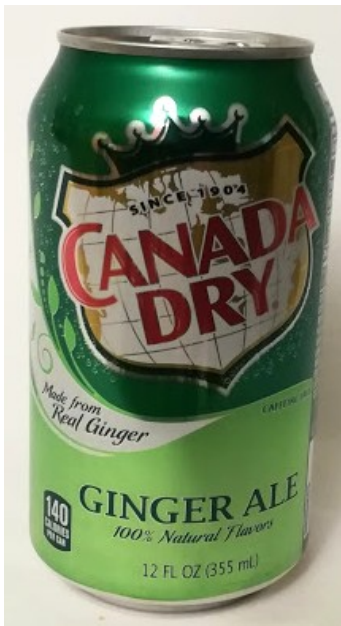
gelatin



ghee (butter)



ginger



ginger ale



ginger snaps



glaze



gluten free



gnocchi



goat stew

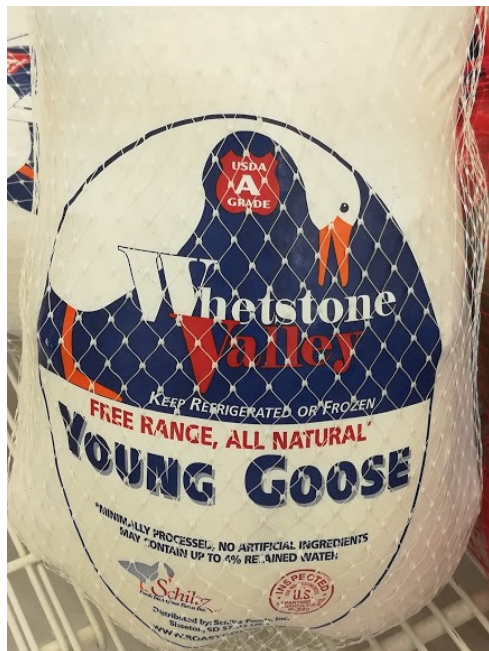




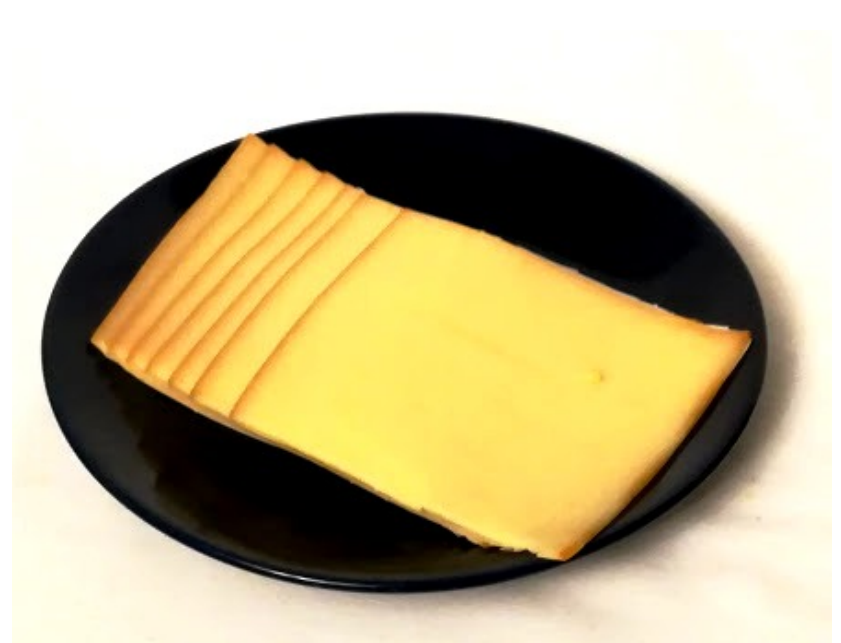
goat milk



goby fish



goose



gouda cheese



goulash



graham crackers



gravy



grits



guacamole



guava drinks



gumbo



gyro



haddock



ham hocks



hash



havarti cheese



herring



Hollandaise sauce



hors d'oeuvres



hushpuppies



iceberg lettuce



ice cream treats



idli



imitation



inari sushi



instant



international foods



Italian soda



jackfruit



jajangmyeon



jalapeños



jalfrezi





Jamba Juice



Jarlsberg cheese



Jasmine rice



Jerusalem artichoke



Jjambbong



Jordi



joulutorttu



julienned vegetables



kalua pork



kare



kettle corn



kiss grapefruit soda



kiwano melon



knish



(lamb) korma



kosher (salt)



krullers



kuchen



kugel



kung pao chicken



latkes



legumes



lemon grass



(raspberry) lemonade



lettuce wrap



lima beans



lobster (tail)



lychees



macadamia nuts



madeleines



mangosteen nectar



margarine





marinara sauce



marshmallows



mayo (mayonnaise)



meatballs



milk shake



mint



mussels



mustard greens



Napa cabbage



nasi goreng



Nazook



Neapolitan ice cream



Nicoise salad



Nitos



nut butters



Nut-Thins



Oaxaca cheese



oils



okra



opor ayam



orange chicken



Oreos



organic oats



orzo pasta



oyster



oyster crackers



oyster mushrooms



oxtail stew



PB & J



parsley



parsnips



pastries





pecans



pickled (jalapeño) peppers



pie



pierogies



pine nuts



pistachios



pizza



plantain



pomegranate



pozole



pretzels



puddings



Quaker Oats



queso fresco



quickbreads



quick cooking



rambutan



rasam



red velvet cake



Reuben sandwich



rhubarb pie



(dinner) roll



(sweet) rolls



rutabagas



salami



salsa



sambhar



samosas



scallions (green onions)



scallops



seeds



sesame seaweed snacks





sherbet



smoothie



soba noodles



sorbet



sour cream



soy beans (soy nuts)



soy milk



soy sauce



split peas



sprouts



squid



star fruit



stew



stroganoff



succotash



sweet and sour



Tabasco



tahini



tamales



tamarind drinks



tandoori tikka



Tang



tarts



teriyaki tuna



tikka masala



tocino



(taco) toppings



torte



tortellini



turnover



tzatziki



tzimmes





uala maoli



ube—purple yam



ukha



um ali (baked pudding)



u'nega'gei



unleavened



upma



upside down cakes



V-8



vadai



vanilla wafers

- Ancient Grains
- vegan
- nut free (peanut, tree nut)
- soy free
- gluten free
- wheat free
- dairy free
- fish, shellfish free
- non GMO, no casein, etc.



vegan



vegetarian



vichyssoise



Vienna sausages



vindaloo



Waldorf Salad



wasabi



watercress



wax beans



wheat germ



wheat grass



wheat sprouts



Wheat Thins



(curds and) whey



whipped cream



(Wasa) whole grain



Worcestershire sauce



yakitori



ya-yai mushroom soup



yema



Yorkshire pudding





zabaione custard



zacusca



zimtsterne cookies



ziti parmesano



zrazy zawijane



zucchini spread



zucchini Georgian style



zwieback (twice baked)