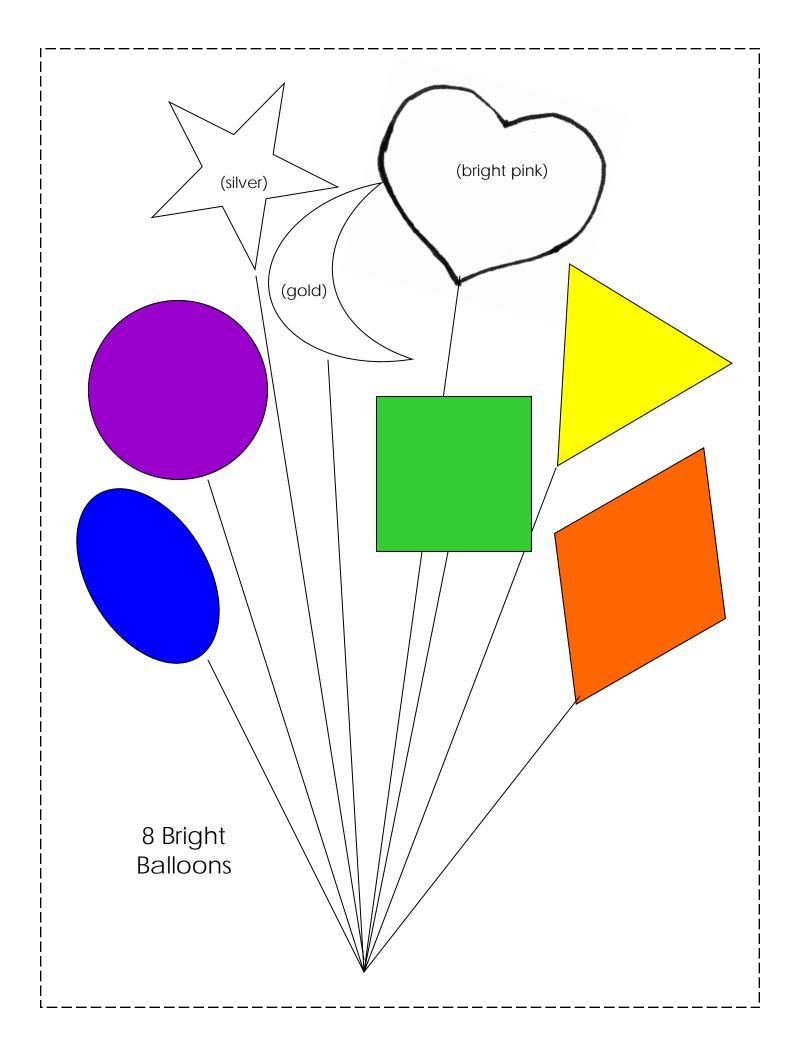
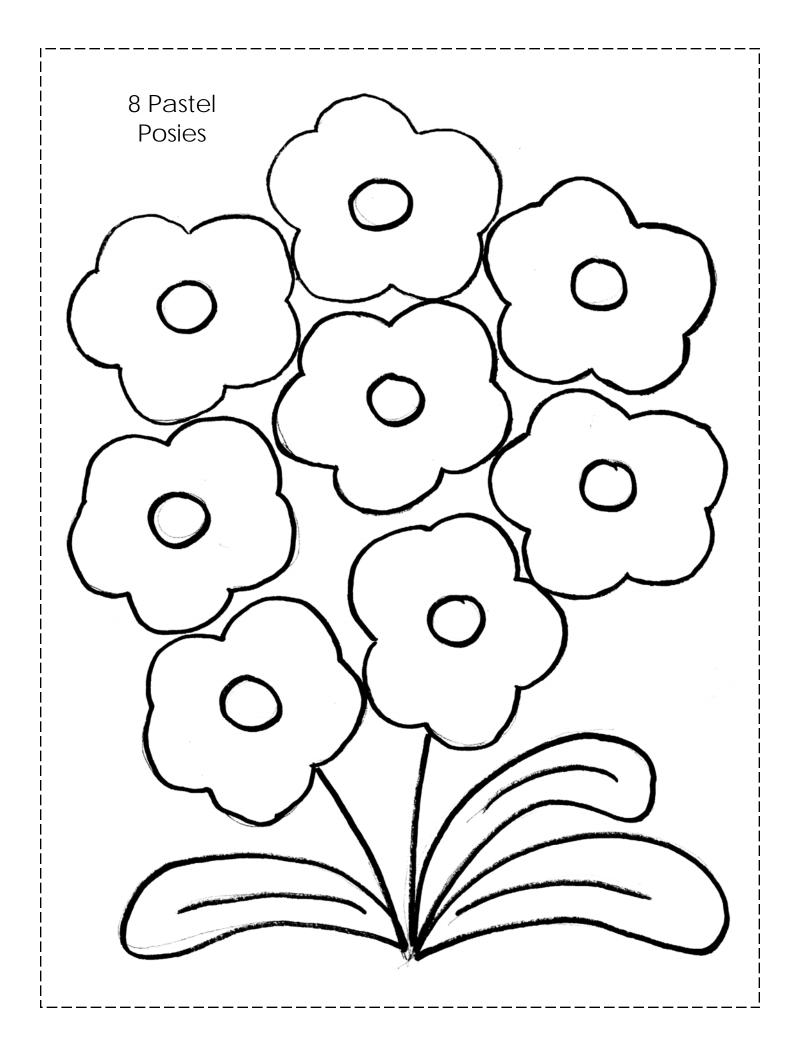


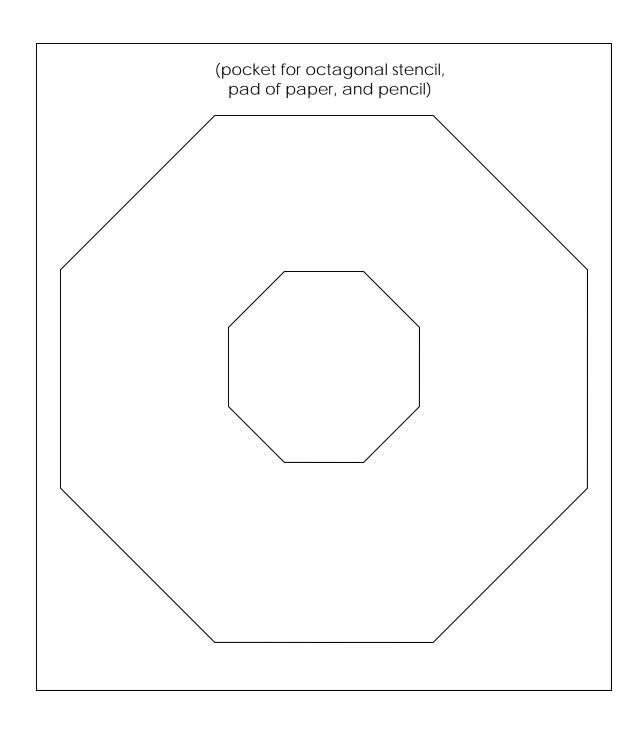
## 8 pretty paints

(pocket for soft paintbrush)

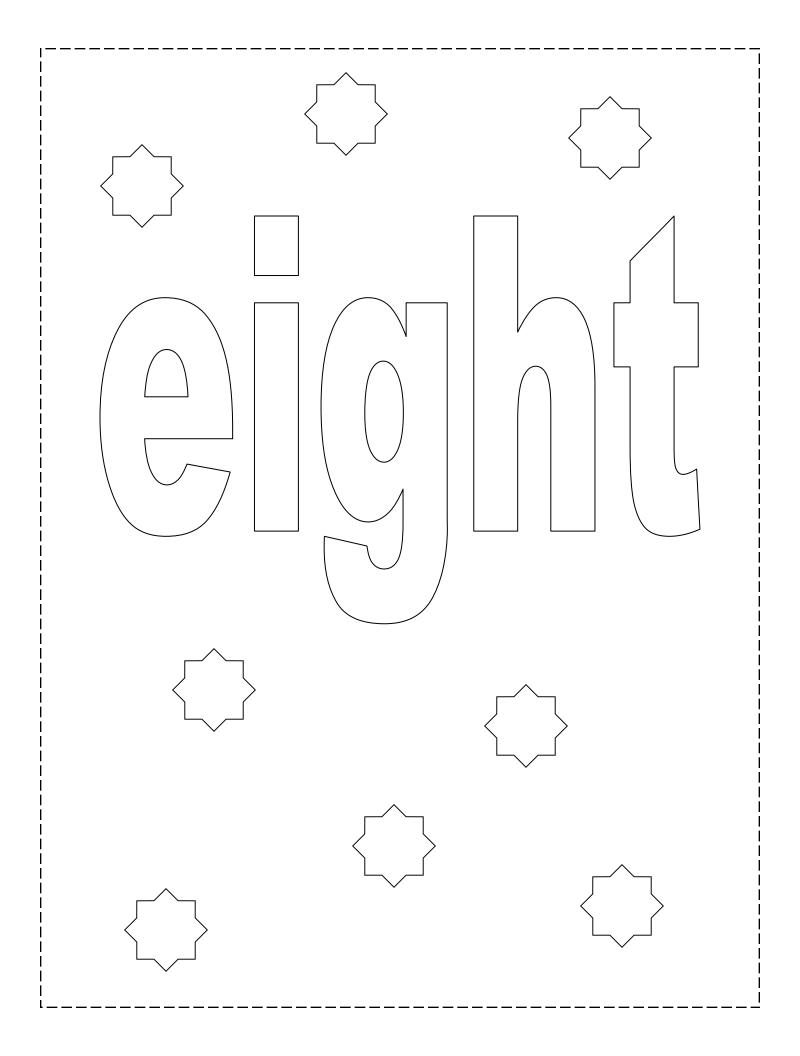




## octagon 8 corners, 8 sides









## The Book of 8

- 1. Back and front covers.
- Crayon and paint pages.
- Crayon and paint pages showing behind the colors. Balloon and flower pages.
- Balloon and flower pages, shapes detached. Octagon and Old Lady pages. 5.
- 6.
- Octagon and Old Lady pages showing under-there.







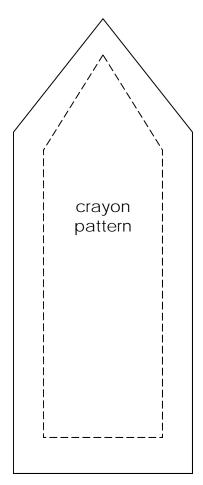






sharing The Book of 8: more ideas—as the child develops, so can the concepts

- 1. Front cover: trace the tactile 8 with a finger, or race a small car around the 8 track.
- 2. 8 colorful crayons: lift up one flap—what is the number before/after it? Skip count. Note 4 crayons above, plus 4 crayons below = 8 crayons. Count them by 2s. 4 sets of 2 = 8 . . .
- 3. 8 pretty paints: fold the book so that the child can practice matching the color with the color word. Pretend to paint with the brush. If you use a make-up brush, it can be a tactile delight for the cheek, the neck, or the inside of the arm.
- 4. 8 bright balloons: Trace the balloon shapes onto paper and color lots more balloons. Other interchangeable shapes of balloons could be made, as well.
- 5. 8 pastel posies: Different shaped flowers may be made—such as a trillium w/3 petals, a dogwood blossom with 4 petals, a pansy with 5 petals . . .
- 6. Octagon: add a toy or drawing of an octopus. What other words begin with "oct-"? What does "oct-" mean, and what language does it come from? (Note: October used to be the 8th month). Draw concentric octagons, a quilt pattern of octagons, an interlocking pattern of octagons...
- 7. What other songs, rhymes, and stories do you know about grandmas or old women? How are they characterized? Are all old ladies in stories alike? What about spiders?
- 8. Back cover: note that 3 8-point stars above plus 5 8-point stars below the word = eight. How many ways can you make 8? (1+7, 2+6, 3+5, 4+4, 5+3=3+5, 6+2=2+6, 7+1=1+7, 8+0=0+8) The "e" could have 8 red 8-point asterisk type stars (make a cross, then make an x . . . 4 points of a cross, plus 4 points of an x makes 8 points). The "i" could have 8 orange stripes (and a solid orange "dot"). The "g" could have 8 yellow polka dots. The "h" could have horizontal and vertical stripes in green and blue, to make a plaid. The "t" could have 8 purple triangles. The double-square 8-point stars could be brown with white centers. Practice making larger 8 point stars by using 2 squares, or by tracing a square twice—offset so that you have 8 points. Note that the center is an octagon. Eight stars in the "e" plus 8 stripes in the "l" = 16 (or, 2 eights, meaning 2x8, = 16), and so forth. 8 points on each double-square star times 8 stars (count by 8) = 64. (Note that addition is a fast way to count, and multiplication is even a faster way to count).



## Instructions for "The Book of Eight"

- —sturdy background fabric for pages
- —textured fabric for the 8 on the front cover
- —8 bright colors cotton fabric for crayons
- —8 bright colors felt for paints, balloons (latter may be vinyl)
- —8 pastel colors felt (or fabric + "Heat 'n Bond") + interfacing) for flowers
- —clear vinyl for 2 pockets
- —brown print for old lady's dress
- —pink fabric for old lady's apron
- —fabric markers
- —Velcro
- —a very soft bristle brush
- —8 large snaps
- —ribbons or yarn to compliment balloon felt/vinyl
- —8 buttons complimenting pastel flower colors
- —cardboard or octagonal stencil (or cut a stencil from quilter's template plastic)
- —pad of paper and pencil
- —optional eyelets and rings to bind
- 1. Cut out 8 pages 8½"x11" from a sturdy fabric.
- 2. Either print 2 sets of the 8 pages, or print one set and trace the shapes you will need as patterns.
- 3. Front cover: appliqué a large number 8 in a tactile fabric.
- 4. Crayon page: use the crayon pattern at left to cut 2 of each color. Sew

with right sides together, leaving the bottom open to turn. Clip corners, turn, stitch bottom. User fabric markers to make them look like crayons. Attach them to the page at the tips (or turn them upside down and attach at the bases). Write numbers 1-8 under the crayon flaps.

- 5. Paint page: Appliqué or draw the paint box onto the page. Use the markers to draw the ovals, and label the colors for the child to match with the felt ovals. Cut 2 felt ovals of each color and stitch them together. Stitch the large snaps to the felt and the paint box. Sew on a clear vinyl pocket for the paintbrush.
- 6. Balloon page: Cut shapes from bright colors of felt or vinyl. Attach Velcro to balloons and the page. Draw strings with markers, embroider, or use yarn or ribbon—from the Velcro to the bottom of the page. (Other fabrics may be used if stiffened with interfacing/heat 'n bond).
- 7. Flower page: Cut the flowers from the pastel felts, fleece, or fabric (use interfacing/heat 'n bond to stiffen and keep fabrics from fraying). Sew button centers for the flowers onto the page. Cut a button hole in each flower center. Draw stems and leaves with markers, or appliqué, or embroider. (A stem may be drawn to each button for each flower).
- 8. Octagon page: Sew a large vinyl pocket onto the page (Cut out and place a piece of paper/tissue over the vinyl for easier sewing; remove the paper after sewing). Cut an octagonal stencil from cardboard or quilter's template plastic to put in the pocket, along with the paper and pencil.
- 9. The old lady who swallowed a spider: Cut all but the old lady's head and legs/feet out of the brown print fabric. Appliqué onto the page, and draw or appliqué the head and legs/feet onto the page to match. Cut 2 of the apron from the pink fabric, adding seam allowances. Sew apron pieces together right sides together, leaving a section of the bottom open for turning. Clip, turn, and stitch closed. Attach the top of the apron to the page, sewing along the dotted line, so that the bottom of the apron can be lifted to reveal a spider in her stomach—appliqué or draw stomach with spider inside. (Optional—8 flaps the shape of a stomach with 8 different animals she swallowed.) Decorate apron as desired.
- 10. Back cover: draw or appliqué the word eight (optionally a different design/print/color for each letter). Draw 8 eight-pointed stars (double squares off-set).
- 11. Put right sides together, and sew front to back of each page, leaving the left (binding) side at least in part open for turning. Clip and turn. Sew remaining side closed. Pages may be bound together using eyelets and rings, or by taking large stitches with a heavy thread.