

Rainy Day activities

1. Build a pillow & blanket fort or tunnel, and take flashlights inside.
2. Have a picnic in the living room—put down a large vinyl table cloth, drop cloth, or tarp. Put down the picnic blanket on this, and then bring on the picnic. Be ready with towels for spills.
3. Build block towers. A 2"x4" board can be cut in 2", 4", and 6" pieces for home made blocks.
4. Build domino tipping chains—set the dominoes on end about a half inch, more or less, apart in a line—could be a straight line, or a curved line. Tip over the first one and watch them the chain reaction.
5. Play alligator hop: place small pillows around the floor, not touching, but close enough to hop between. Pretend the floor is an alligator swamp, and you must hop between pillows to avoid the alligators.
6. Act out the Noah's Ark story—each child can choose an animal to pretend to be. All get in a large box or on the couch as the Ark. Each animal by turn can make its sound. Then all animals can make their sounds together. Stop. Now sing a song (preferably a song about Noah or animals), with each animal singing in it's own sound. Pretend the Ark is tipping back and forth in the waves—everyone tipping together. Noah asks each animal what it wants to eat. Each animal tells what it likes to eat (would giraffes want to eat flies?)
7. Play with letters or numbers . . . blocks, magnetic letters, etc.
8. Play hide and seek—hide a stuffed animal, toy, or other object. Then one or more person tries to find it. You can give clues by saying, "You're getting hotter" when they get closer, or "You're getting colder" when they get further away. Optionally, sing louder when the person gets closer, or sing more softly when the person gets further away.
9. Play "Button, Button, Who's got the Button?"
10. Play with a top, yoyo, marbles, jacks, roll a ball (could be pretend bowling . . . you can make your own pins by partially filling water bottles or pop bottles with colored water, sand, pebbles, beans, rice –make it colorful with sparkles, spangles, etc.).
11. Toss a bean bag into a target.
12. Put on some music and dance, hop, skip in a circle, reach as high and low as you can by turns, etc.
13. Make a homemade band.
14. Sing-along Songs.
15. Make an art project.
16. Cook or bake something (using kitchen math/science).
17. Play a fishing game.
18. Play cars or trains.
19. Write a letter or send an art project to a friend or relative.
20. Make a booklet.
21. Tell a progressive story.
22. Be paper airplane engineers—make and fly paper airplanes.
23. Cut out paper snowflakes, hearts, butterflies, faces, or other symmetrical shapes.
24. Read a story and act it out, use a flannel board to tell the story, or props/costumes, puppets, or draw

- pictures of the events of the story (3-6 pictures) and put them in order.
25. Scavenger hunt for different shapes or colors around the house or room.
 26. Read or tell funny stories or jokes.
 27. Watch a favorite video or movie and each time you hear a certain word or words, stand up and clap.
 28. Play cards—Concentration, Go Fish, Simplified Uno, Crazy Eights, etc.
 29. Thumb wrestle.
 30. Play store, school, museum, clinic, bank, library, farm, zoo (use stuffed animals, or kids pretending to be animals), circus (each animal does tricks) . . .
 31. Play “Ring Around the Rosies”, “Here We Go Round the Mulberry Bush”, “The Farmer in the Dell”, “London Bridges”, “Red Light, Green Light”, “London Bridge is Falling Down”, or similar games.
 32. Play Hop and Pop, using packing bubbles or balloons.
 33. Roll and Tell—sit in a circle and roll a ball to each other. When the ball rolls to you, you must tell _____.
 34. Use flashlights to make shadow figures on the wall (close curtains and make the room as dark as you can).
 35. Practice “Drop, Hold, and Cover” in each room of the house.
 36. Play “Do As I’m Doing”, “Simon Says”, “Silent Simon Says”, or “Simon Says Opposite” (do the opposite of what Simon Says).
 37. Trace your bodies on large paper, and draw clothes on it.
 38. Play dress up.
 39. Play Mom and Dad Get Ready to Go, and pretend to dress, shave, fix hair, put on (limited) make-up, etc.
 40. Make newspaper hats or boats.
 41. Use felt squares or tape to make a hopscotch figure to play.
 42. Make a pretend car wash with a blanket over a piano bench or chairs, or a large box. Kids on hands and knees can go through, or take a toy vehicle through.
 43. Blow on pinwheels.
 44. Look through a magnifying glass.
 45. Have fun with magnets.
 46. Have a Spider Walk or Crab Walk relay.
 47. Do puzzles.
 48. Make up a skit or play to perform for family or friends to watch.
 49. Play talent show—don’t forget there a lots and lots of talents . . .
 50. Paint a rock or decorate eggs.
 51. Memorize your address, your parent’s names, your phone number.
 52. Create a doll house in a box, using smaller boxes and fabric for furnishing.
 53. Read a rhyming book, then try making up a rhyming story, poem, or limerick . . .
 54. Play with clay, play dough, salt dough, etc.
 55. Make a card for a sick or lonely person, and deliver it with a flower or flower drawing.
 56. Make macaroni necklaces & bracelets.
 57. Make an obstacle course for your stuffed animals, toy vehicles, or crawling kids.
 58. Pretend to be a robot.