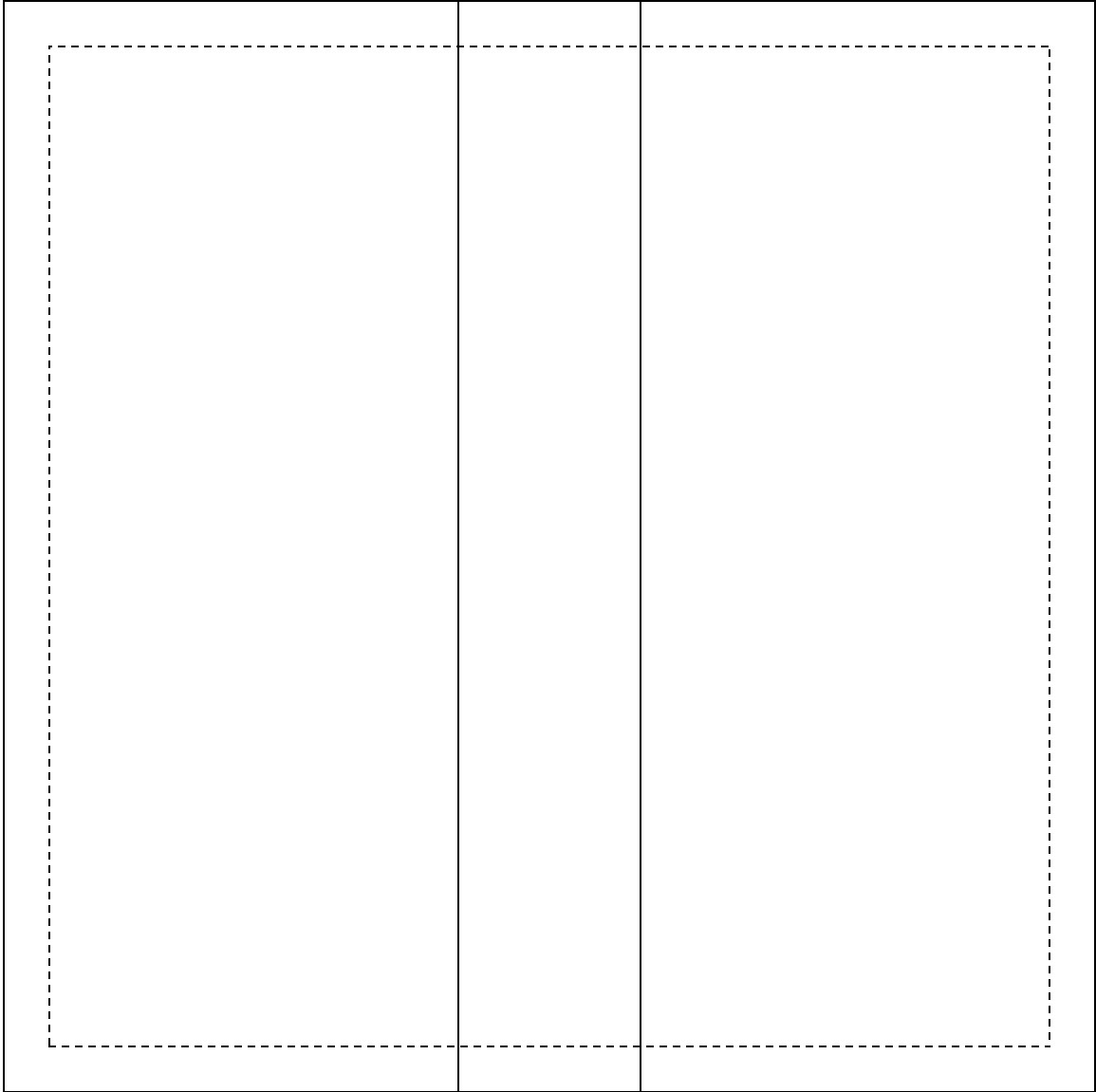


Cover: choose a fabric with an interesting, simple pattern/print.

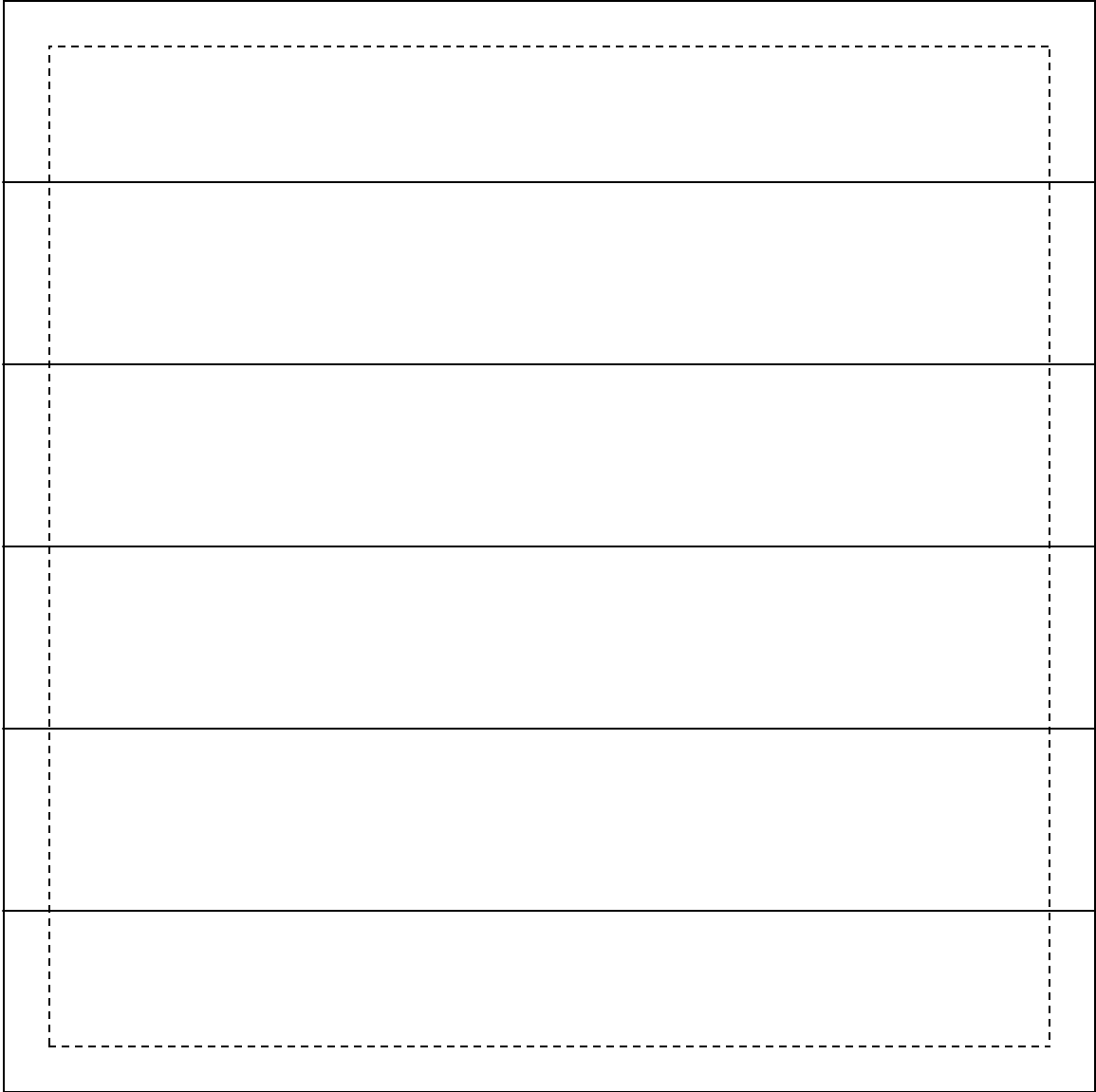
General instructions:

- booklet may be done in all black and white, or contrasting basic colors
- use sturdy fabrics, or interface each page (sew the fabric pieces onto the interfacing)
- 1/4" seams
- bind with bias tape, or as desired

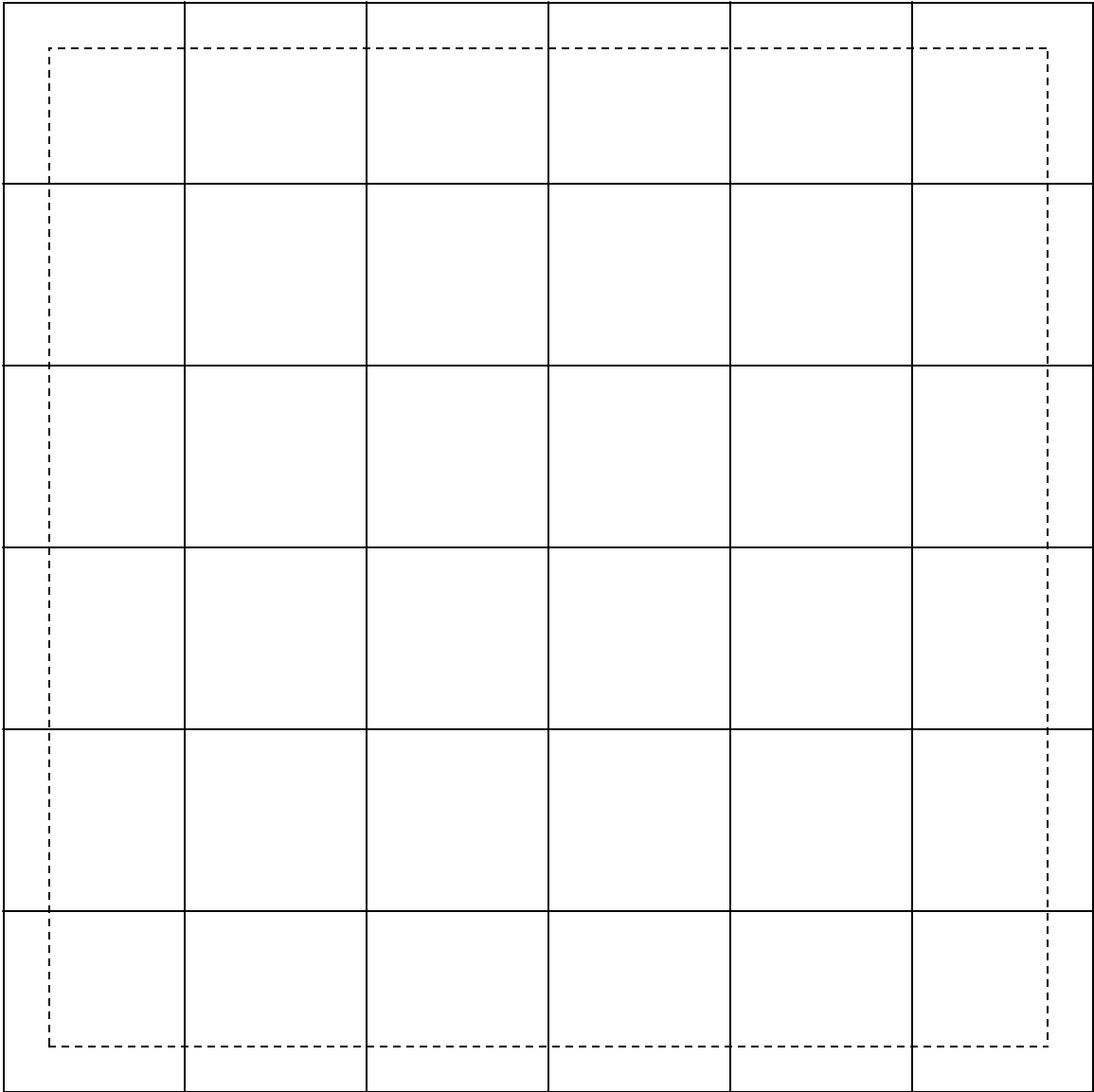


First page: piece solid colors, such as, red, yellow, red.

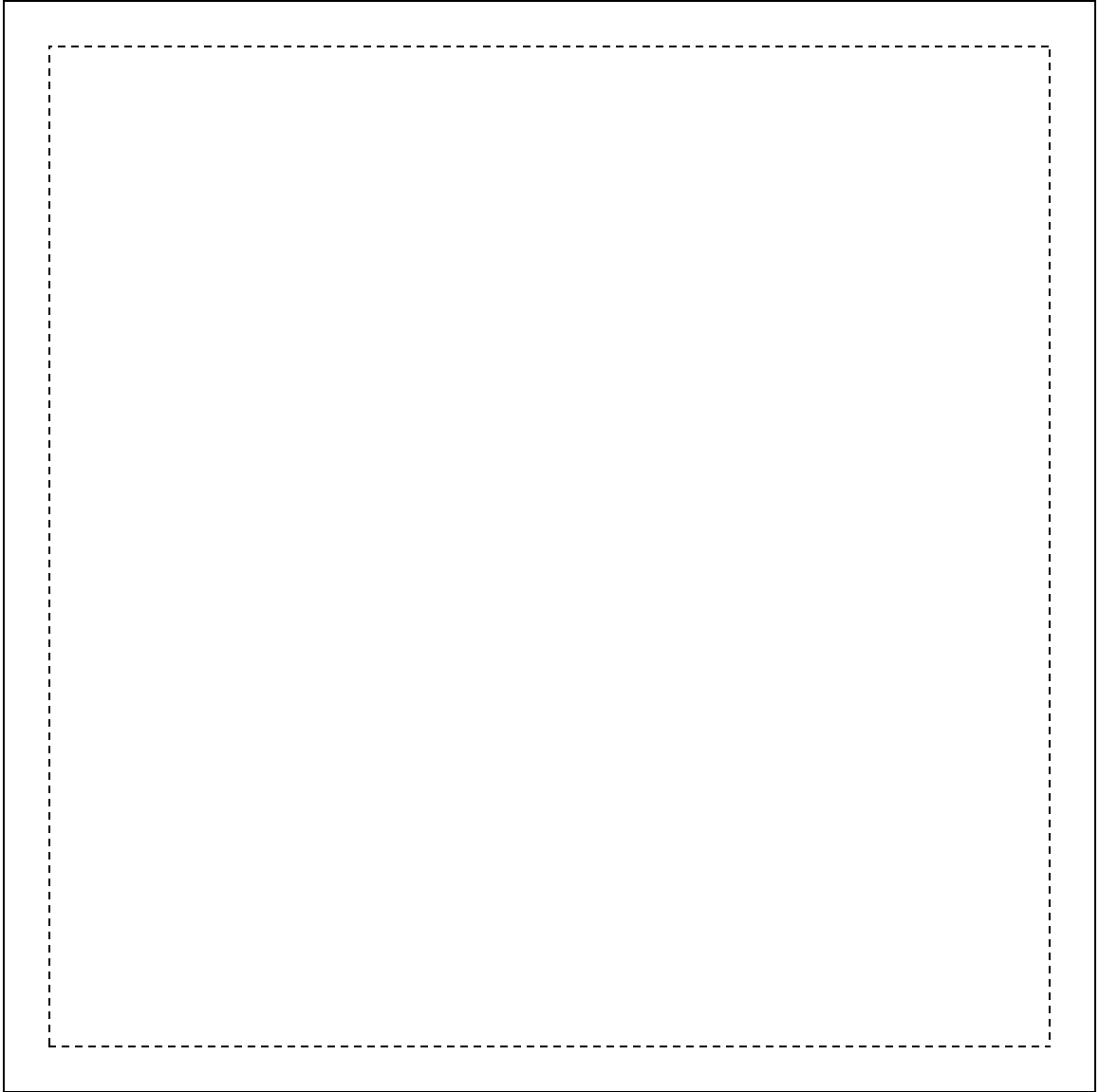
Notice the difference in our emotional reactions to turning the first and second pages sideways (so the stripes run the other direction).



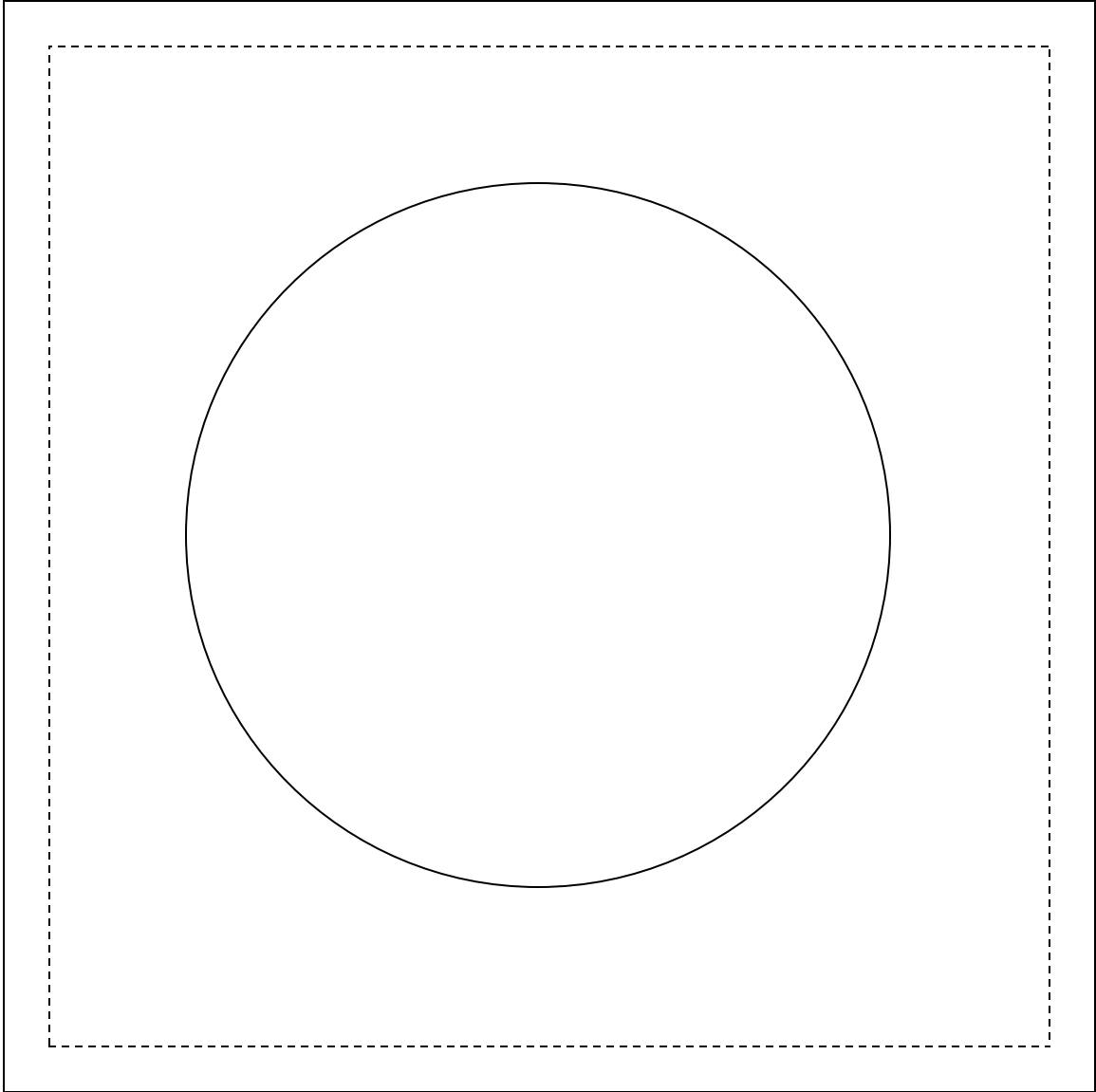
Second page: piece contrasting stripes, such as solid blue and solid yellow.
(cut or tear stripes 1½", which allows for ¼" seams)



Third page: cut or tear 4 strips of each of the 2 contrasting fabrics such as orange and green $1\frac{1}{2}$ " x 12". Sew the strips together alternating contrasting colors. Turn the resulting striped material and cut $1\frac{1}{2}$ " strips the other direction. Sew these strips together off-set so that it makes a checkerboard pattern.

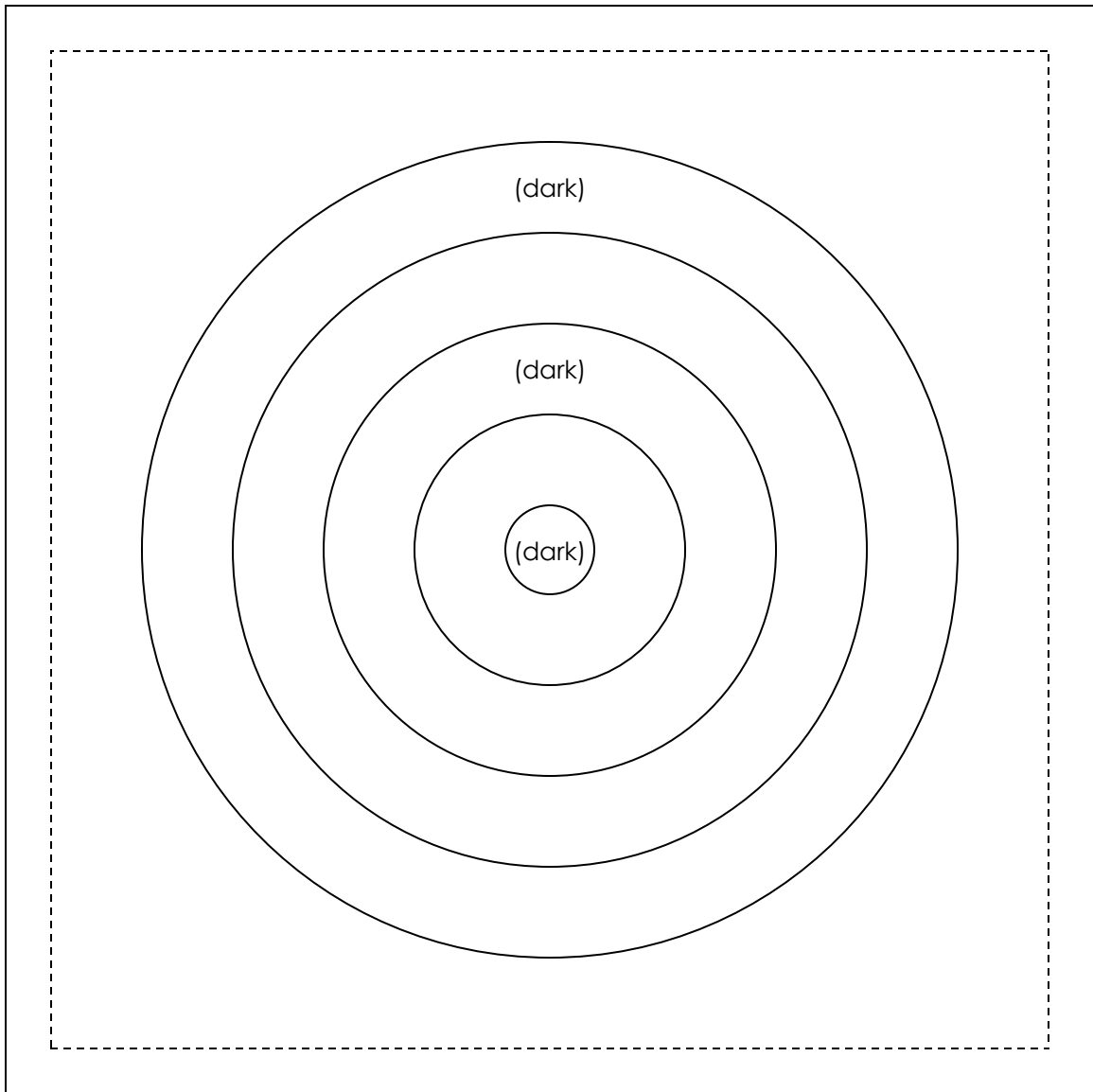


Fourth page: choose a polka dot fabric of contrasting colors, such as pink and brown.

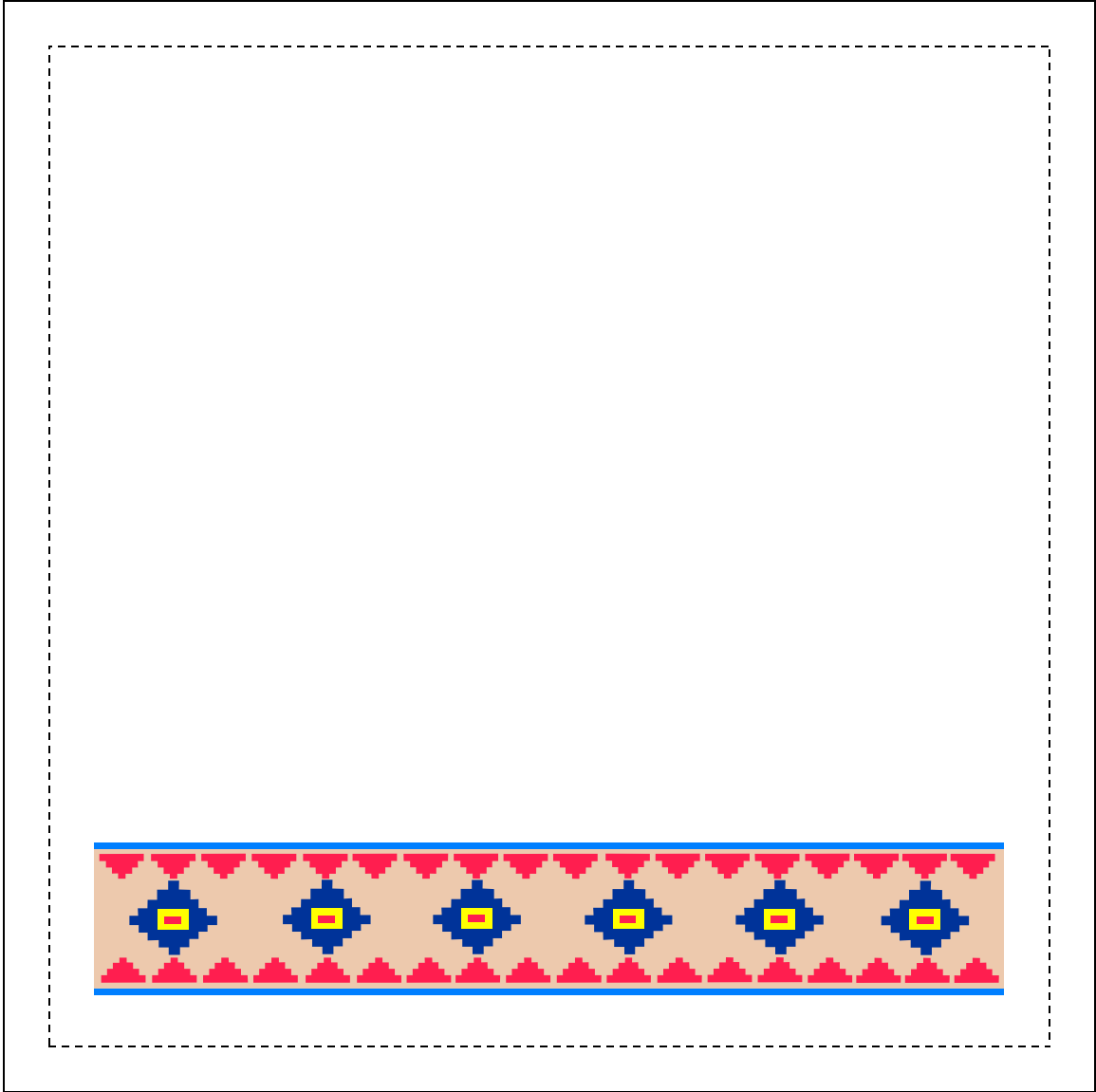


Fifth page: cut and appliqué a large circle onto a page of contrasting color, such as purple on grey.

Optional: Cut a piece of clear vinyl large enough to make a pocket over the circle. Make a set of facial expressions on clear report covers or vinyl to put into the pocket, and/or circles cut into halves and fourths and/or other simple fractions. Note how + can become x by turning it. Another option would be to make a pocket on the back cover than can be zipped, snapped, buttoned, or Velcro closed, with felt facial pieces that can be applied to this circle as the child desires—choose a set of eyes, a nose, and a mouth to put on the circle as if a pumpkin or potato head. What different expressions can you make?



Sixth page: make a "target" pattern with concentric circles of a dark fabric sewn onto a contrasting light colored fabric, such as black on white. The simplest fabrics for appliqué are non-fraying, such as felt or vinyl. Vinyl is washable.



Back cover: use a fabric with a simple pattern print.