

Listening and Following Directions games and songs

1. Simon Says and Silent Simon Says (keeping your eyes on the leader)
2. Follow the Leader (“Following the Leader” song from Disney’s “Peter Pan”)
3. Red Light, Green Light
4. Mother May I?
5. Head, Shoulders, Knees, and Toes (add verses for other body parts)
6. If You’re Happy and You Know It
7. Step in Time song from Mary Poppins
8. If You Can Hear Me, touch your . . . (nose, toes, elbows, etc)
9. Stand Up and be Counted (progress from following 1 direction, to 3 or 4 in a row—given at the same time). Listen to all directions in each sequence before following them in correct order.
 - a. Stand up
 - b. Sit down
 - c. Stand up and sit down
 - d. Stand up, turn around, sit down
 - e. Stand up, raise your hand, turn around, sit down (hand should still be raised)
 - f. Stand up, raise both hands, turn around, sit down (hands should still be raised)
 - g. Stand up, sit down, raise both hands, put them down
10. Twister